

**Directory of Elderly Services
Cumberland, Virginia**

Department of Social Services provides companion services and financial assistance for the elderly as well as Adult Protective Services.

Department of Social Services	(804) 492-4915
Adult Protective Services	(888) 832-3858 (24-hour, toll free hotline)

Crossroads Community Services Board focuses on the prevention and treatment of mental illnesses, mental retardation, and substance abuse as well as to enhance the functioning of individuals and families.

Assessment Referral Services	(800) 548-1688
Administrative Services Division	(434) 392-7049
Emergency Services	(800) 548-1688
Prevention Services	(434) 392-9461

Disability Services

Alzheimer's Association	800-272-3900
Virginia Department of Deaf and Hard of Hearing	804-662-9502
Virginia Department of Rehabilitative Services	800-552-5019
Virginia Department of the Visually Impaired Richmond Regional Office	804-371-3353
Virginia Department of the Visually Impaired, Administrative Office	804-371-3140

Education (Adult Literacy/Continuing Education)

Tri-County Life Learners-Buckingham, Cumberland, Prince Edward 434-392-9019

Employment and Job Training

Piedmont Senior Resources	434-767-5588
Crossroads Community Services Board (services for disabled)	800-570-0049

Rest Homes- Elderly

Holly Manor	434-392-6106
Aable Rest Home	804-492-4315
Brook View Lodge	434-392-4119
Trinity Mission	434-392-8806
GNT Adult Home	434-392-6212

Financial Assistance/Counseling Programs

Consumer Credit Counseling	434-392-7646
Cumberland Extension	804-492-4390
Social Security Administration	434-392-8121

Medicine and Food

Cumberland Meals on Wheels	804- 492-3565
The Free Medicine Foundation	573-996-7300

Health Services & Associations

Alzheimer's Disease Association	800-272-3900
American Arthritis Foundation	804-359-1700
American Cancer Society	804-527-3710
American Diabetes Society	800-342-2383
American Heart Association	800-242-8721
American Kidney Fund	800-638-8299
American Lung Association	804-267-1900
National Parkinson Foundation	800-327-4545
Cumberland Health Department	804-492-4661
Home Recovery of Virginia, Inc	800-832-7144
Virginia Family Violence & Sexual Assault Hotline	800-838-8238
Southside Community Hospital Home Care Services	434-315-2550
Southside Center for Violence Prevention, Inc	434-292-1077
HomeAid, Inc	434-392-4614
Hospice of Virginia	804-281-0451
Hospice of Farmville	434-392-9666

Medical Centers and Hospitals

Cartersville Family Medicine, Inc.	804-375-9180
Central Virginia Community Health Center	434-581-3271
Cumberland Family Medicine Center	804-492-4661
Southside Community Hospital	434-392-8811

Housing (Section 8, Low-Cost Loans, Repairs)

USDA Service Center-Rural Development	434-392-3196
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Housing (Shelters)

Piedmont Crisis Center-Madeline’s House (Spousal Abuse) 888-819-2926

Legal Services

Virginia Lawyer Referral Services	800-552-7977
Virginia Legal Aid	434-392-8108

Medical Equipment for the Indigent

Department of Rehabilitative Services-- Virginia Assistive Technology System	800-552-5019
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Abuse (Alcohol and Drugs)

Alcoholics Anonymous	804-355-1212
Crossroads Services	800-548-1688
Narcotics Anonymous	800-777-1515
US Department of Human Services-- National Center for Substance Abuse	800-662-4357
Willow Oaks	804-375-3443

AgrAbility Program

Easter Seal Society 800-365-1656

Senior Services

Elder Care Locator	800-677-1116
Piedmont Senior Resources- Area Agency on Ageing	434-767-5588
Southside Virginia YMCA	434-392-3456

Websites for the Elderly

Cumberland Meals on Wheels	civic.cumberlandfirst.net/ccmow/
Home Recovery of Virginia	www.home-recovery.com
Hospice of Virginia	www.americanhospice.org
Virginia Assistive Technologies Systems	www.vats.org/contactus.htm
Financial Resource Guide	www.stocks.com/
NASDAQ Stock Market	www.nasdaq.com/
Internal Revenue Service	www.irs.gov/
Social Security Administration	www.ssa.gov/
Social Security Online-For Women	www.ssa.gov/women/
AARP	www.aarp.org/
Anthem-Blue Cross and Blue Shield	www.anthem.com/jsp/antiphona/home.jsp
Elderhostel	www.elderhostel.org/
Elderly Resources	www.onlinepolicy.org/elderly/elderlyresource.shtml
Gerontology Resources	www.accd.edu/sac/aging/ressenior.htm
ISU Senior Health	www.seniorhealthmobile.org/elderlyhealth.htm
Food Stamps for the Elderly Resource Center	www.frac.org/html/news/fsp/fselderlycenter.htm
Empowering Caregivers	www.caregivers.com/pages/resources/online/elderly-sites.html
Virginia Government	www.virginia.gov/cmsportal/
Elder Abuse Foundation	http://www.elder-abuse-foundation.com/html/resources.html
First Gov-Senior Resources	www.firstgov.gov/Topics/Seniors.shtml
As You Age	asyouage.samhsa.gov/resource/default.aspx
Web Resource for Elder Abuse	www.seniorlaw.com/elderabuse.htm
Senior Living	seniorliving.about.com/
U. S. Administration of Aging	www.aoa.gov/
CARIE-Center for Advocacy for the Rights and Interests of the Elderly	www.carie.org/
Help for Victims of Elder Abuse	www.ojp.usdoj.gov/ovc/help/ea.htm
Elder Care On-Line	www.ec-online.net/
Resource for Elderly Crime Victims	www.ojp.usdoj.gov/ovc/help/evresources.htm
Foundation for Aiding the Elderly	http://www.4fate.org/
Virginia Retirement Services	vadcp.gwrs.com/tl001/SplashAuth.asp

Living Options for Adults Needing Assistance-Extension Publication	www.ext.vt.edu/pubs/gerontology/350-254/350-254.html
Center for Gerontology	http://www.gerontology.vt.edu/
Elder Abuse Alert-Extension Publication	www.ext.vt.edu/pubs/gerontology/350-251/350-251.html
Choosing Community Base Services for Older Adults and Their Families-Extension Publication	www.ext.vt.edu/pubs/gerontology/350-252/350-252.html
Substitute Decisions By and For Older Adults and Their Families-Extension Publication	www.ext.vt.edu/pubs/gerontology/350-253/350-253.html
The Elderly with Disabilities	aspe.hhs.gov/daltcp/reports/rn08.htm
A Guide to Disability Rights Laws	www.usdoj.gov/crt/ada/cguide.htm
Preventing Disability in the Elderly With Chronic Disease	www.ahcpr.gov/research/elderdis.htm
Disabled and Elderly Assistive Technologies in the U.S.	www.marketresearch.com/product/display.asp?productid=1212127&g=1
Department of Health and Human Services	www.dhhs.state.nh.us/DHHS/BEAS/default.htm
A Guide to Disability Rights Laws	www.ada.gov/cguide.pdf
National Parkinson Foundation	www.parkinson.org
Southside Center for Violence Prevention, Inc	www.madelineshouse.net

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